

Priority	Progress/Action Planning already underway
<p>Top Priority:</p> <p>Get better at spotting the early signs of mental ill health and intervening early</p>	<ul style="list-style-type: none"> • After a period of public consultation an all age mental health strategy is currently in development and will be brought to the Health and Wellbeing Board for approval early in 2018 • The suicide prevention strategy contains an early identification and intervention focus • Time To Change organic hub development through York CVS, CYC, CCG • A Topic Specific Needs Assessment to investigate the health and wellbeing needs of those in the city who are homeless is being developed and will be used to inform the development of a homelessness strategy <p><u>30 Clarence Street and 'The Haven'</u></p> <ul style="list-style-type: none"> • £326k refurbishment of Sycamore House (£178k of DoH 'health based places of safety' funding, plus £148k of CYC capital funding) which reopened in July 2017 as '30 Clarence Street'. This work has facilitated the bringing together of three distinct services under one roof – adults' mental health recovery, young people's services, and a safe haven. CYC is also leasing office space on the first floor of the building to York Mind and York Pathways. Given the synergy between these organisations and the services operating from the ground floor, this arrangement will help facilitate even closer working relationships between the sector, the council and health. • Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) have recently appointed 'Mental Health Matters' to deliver 'The Haven' service at 30 Clarence Street. The service is due to open in November and will operate from 6:00 – 11:00pm, 7 days a week. It will provide early intervention for adults in mental distress, to prevent an escalation into a mental health crisis. Not only will it help reduce unnecessary attendance at emergency departments, hospital admissions and police

Priority	Progress/Action Planning already underway
	<p>detentions, but it will also make sure that people receive the right care, at the right time, in the right place.</p> <p><u>Mental Health and Well-being Activities Programme</u></p> <ul style="list-style-type: none"> • In July 2017 CYC awarded a three year £80k per year contract to York Mind, in partnership with six local organisations, to deliver a bespoke range of activities to support individuals' mental health and wellbeing across the city of York. York Mind is working in conjunction with Converge, St Nick's, York Carers' Centre, York LGBT Forum, Sunshine Changing Lanes and Kindlewoods. Activities will run across the year, with staggered start dates and include guided learning such as mindfulness, vocational courses, facilitated peer support, green exercise, woodland well-being sessions, social events, and support groups. • Work on the North Yorkshire and York Crisis Care Concordat • Healthwatch York's directory of services, including mental health and dementia • Access to IAPT services • Improved access to early intervention psychosis • Expansion of the mental health liaison service at York Hospital • Implementation of Access to wellbeing service which provides improved access into mental health services and 'bridges the gap' between primary and secondary care.

Priority	Progress/Action Planning already underway
	<ul style="list-style-type: none"> • Development of treatment pathways as part of community services development and in line with least restrictive care principles • Work with local carers group to develop an educational film for carers, service users & staff which will form part of the online content for the TEWV recovery college. • Improving waiting times for treatment for mental health conditions • Developments to improve access to psychological pathways and reduce waiting times.
Other Priorities:	
Focus on recovery and rehabilitation	<ul style="list-style-type: none"> • Housing options for mental health services in progress (recent workshop held by City of York Council) – report to Health and Wellbeing Board January 2018 • International Mental Health Collaborating Network symposia • Management of service users in out of area placements • Development of a community rehabilitation team in TEWV
Improve services for young mothers, children and	<ul style="list-style-type: none"> • School Wellbeing Service operating in City of York Council schools • Development of mental health focussed response to Student Health Needs Assessment findings

Priority	Progress/Action Planning already underway
young people	<p>being led by Higher York</p> <ul style="list-style-type: none"> • Development of school and university based peer emotional wellbeing programmes • Continuation of the Future in Mind programme of work • Preparing to bid for national transformation money for perinatal mental service for York and North Yorkshire • Introduction of Single Point of Access in CAMHS and self referral • Developing work with Child line
Improve the services for those with learning disabilities	<ul style="list-style-type: none"> • Re-tendering the building based short breaks service • Tendering for a new Base at Burnholme Health and Wellbeing Campus in the Centre@Burnholme building • Developing Supported Employment through an employment initiative with the DWP in partnership with United Response • Transforming Care – where people wish to come home to York ensuring there is accommodation and support available and where people wish to remain where they are that this is the right placement for them. Reviewing the needs of NHS assessment and treatment beds across the

Priority	Progress/Action Planning already underway
	<p>Transforming Care Partnership footprint. Exploring the development of forensic outreach teams for those leaving secure mental health/learning disability services</p> <ul style="list-style-type: none"> • Reviewing and enhancing supported living opportunities • Work with children's services planning for the future • A learning disabilities strategy is currently being developed with input from service users • Ongoing programme to improve access to health checks, health action plans and screening for cancer and other conditions
<p>Ensure that York becomes a Suicide Safer City</p>	<ul style="list-style-type: none"> • Commitment to achieve suicide safer community status through Living Works Accreditation approach. The accreditation process is being reviewed and our initial objective to aim for accreditation in 2019 may need to be reviewed in light of this and in respect of the long term nature of work required to achieve this Suicide Safer Community accreditation • Board members are encouraged to book onto City of York Council SafeTalk or ASIST training in order to raise their own awareness and understanding about suicide prevention • Suicide prevention strategy developed • Suicide prevention action plan developed

Priority	Progress/Action Planning already underway
	<ul style="list-style-type: none"> • Joint York & North Yorkshire suicide prevention task group • Development of postvention support • Training commissioned to support suicide prevention awareness and skill development • Annual suicide prevention conference and service of reflection held
<p>Ensure that York is both a mental health and dementia friendly environment</p>	<p>Working towards York becoming a dementia friendly city</p> <ul style="list-style-type: none"> • There are four key strands in the dementia action alliance, with lead areas which are reviewed quarterly: • Strand 1: Raise awareness and tackle discrimination. • Priority: Improve equality in access to transport. (Lead Innovations in Dementia) • Strand 2: Involve people with dementia. • Priority: Focus on opportunities to identify people with dementia and support their involvement. (Lead Minds and Voices) • Strand 3: Be a hub for communication and information. • Priority: Develop and implement a communications strategy (lead CYC and CVS) • Strand 4: Improving services and resources • Priority: Work with GPs/Consultants to increase understanding of importance of diagnosis and involving people with dementia (lead CCG)

Priority	Progress/Action Planning already underway
	<ul style="list-style-type: none"> • In addition internal and external staff are undertaking a range of dementia training: <ul style="list-style-type: none"> • On-line Dementia Awareness (iComply) (1962 CYC) • Virtual Dementia Tour (307 CYC/ 54 external) • Person Centred Dementia Care (98 CYC) • Dementia Awareness (45 CYC/21 external) • Dementia Friends (35 CYC/17 external) • Life Story Approach And The Use Of Music (26 CYC/13 external) • Dementia - Bitesize Care of Other (5 CYC staff) • Dementia Peer Facilitator Training (3 CYC) • Dementia Forward Conference (1 CYC) • Dementia Congress (1 CYC) • There has been a review of dementia friends and champions across the city. Ward areas will be targeted for individual action <ul style="list-style-type: none"> • Dementia Friends Champions- 67 • Digital Dementia Friends- 1137 • Information Sessions Dementia Friends – 4053 • Improving diagnostic coding rates across primary care • Intensive Support Team report highlighting other multi-agency opportunities for change. Following a request by the CCG and TEWV an intensive support team from NHS England and NHS Improvement reviewed the local dementia pathway and services. A draft recommendation report has been circulated for comment and accuracy and local partner agencies have agreed to work

Priority	Progress/Action Planning already underway
	<p>collaboratively on the recommendations and will formulate an action plan.</p> <ul style="list-style-type: none"> • Partners in care forum including work with the Dear GP scheme to improve recognition of the signs and symptoms of dementia by care home staff. • Physical environment improvements include dementia friendly enhancements, community hubs and plans for the new mental health hospital • Expansion of Care Home and dementia team • Pathway developments in TEWV to enable community transformation and admission avoidance